Stockport Academy
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11th November 2026

Dear Parents and Carers,

As a part of your child's education at Stockport Academy we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that over this academic year, your child will be having fortnightly PSHE lessons. Some of the topics we cover are below:

- Mental health
- Social media
- Misogyny
- Grooming
- Sex, gender and sexuality
- Puberty

Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world. PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values, as well as being crucial to our Future Me toolkit.

If you would like to find out more or discuss any concerns, please do not hesitate to contact me on the main school number.

Thanking you in advance for your support.

Yours sincerely,

J Thandi

Mrs J Thandi

Leader of Religious and Social Studies, CEIAG and Future Me